How to engage Students at risk (or in distress)

LUNCH TIME SEMINAR: 15 JULY 2014

12:00pm – 2:00pm
Tuesday 15 July 2014

Clough Engineering Student Centre,
Ground Floor, Civil and Mechanical
Engineering Building

Speaker

Sue McElhinney
Sue McElhinney is a Senior
Psychologist in the UWA Counselling
and Psychological Services. Sue is
passionate about working with university
students and assisting with their mental
health issues or personal concerns.
Sue has been working with university
students and staff members for the past
six years.

Presentation: “How to engage Students at risk
(or in distress)”

There are occasions when academics
are faced with students who have
missed lectures or tutorials and who
are potentially ‘at risk’ with possible
mental health issues. These situations
can provoke feelings of fear and anxiety,
and the academic can be left with the
question of “what do I do now?”

This presentation provides a structure of
how to assist “a student at risk” in order
for the staff member to feel comfortable
in addressing these sometimes difficult
issues, as well as helping the student
to feel validated and supported. This
workshop also provides important referral
pathways within UWA.

- This presentation will examine the:
- spectrum of mental health issues that
can affect an university student;
- common causes of distress for an
university student;
- normal reactions about mental health
issues;
- recognition of possible ‘at risk’ signs
when a student may need further
support;
- fundamental philosophies’ of assisting
a student;
- skills for facilitating a difficult
conversation with a student at risk (or
in distress).

Notes for participants

“Please note the earlier start time of
12noon. The session will conclude at
2pm”

During the workshop there will be a light
lunch and refreshments served.

RSVP:
Please register your attendance and
indicate any special dietary requirements
to fase-ecm@uwa.edu.au by Wednesday
9 July 2014.

- UWA duty of care and referrals
- self-care strategies for the academic.

**Please note the earlier start time of
12noon. The session will conclude at
2pm**